

The Yoga Room

Yoga Classes, Mon., Wed., & Fri.
9:00 - 10:15 am



\$24 - Three Classes

\$10 - Drop-in Fee

Bring your own mat or borrow one
of our mats, blocks & belts.

All classes are taught in a gentle
manner and are suitable for
every level of student.

Classes are held in The Yoga Room
in the Inn on the Wharf



207-733-4400

69 Johnson St. • Lubec, ME

